

St. Edward the Confessor Sacramental Preparation

Grade 7 Year One Workbook 2019-2020

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Projects

- # 1: **Called to Faith** – Baptism Day, The Journey Begins
- # 2: **Called to Holiness** – St. Edward the Confessor
- # 3: **Called to Prayer** – Deepening Our Faith
- # 4: **Called to Conversion** – Sacrament of Reconciliation
- # 5: **Called to Serve** – Parish and Community
- # 6: **Called to Worship** – We Celebrate

Check List

- ✓ Please include your first and last name on each page.
- ✓ Each page should include the project number and title.
- ✓ Reflections should be typewritten.
- ✓ Completed work should be stapled together.
- ✓ The completed workbook is due in class on Sunday, April 26 or Monday, April 27, 2020.



Project # 1 Called to Faith – Baptism Day, The Journey Begins

In the Sacrament of Baptism, the Church welcomes children and adults into the faith community. In infant Baptism, the priest or deacon asks the parents, “What do you ask of God’s Church for your child?” The response to this is “faith.”

The gift of faith comes to you from God through the Church and the community of believers, your family and the parish family. The gift of faith must be accepted if it is to truly be a gift for you. At Baptism, your parents and godparents accepted this gift in your name. They promised to nurture you in the faith of the Church and help you to understand this gift by their lived example so that one day you would be able to accept it yourself. The Sacrament of Baptism is the first step of our faith journey.

For this project, ask your parents to tell you about the day you were baptized. What were their hopes and dreams for you in faith? Ask to see a copy of your Baptism Certificate and include the information below in your report.

- 1. Baptism Name**
- 2. The Church of Baptism**
- 3. The Date of your Baptism**
- 4. Name of the Priest or Deacon who Baptized you**
- 5. Your Godparent’s Names**
- 6. What were your parents hopes for you were on your Baptism day?**



Project # 2 Called to Holiness – St. Edward the Confessor

We are all called to holiness! Saints are examples of holiness. Our Parish Patron is Saint Edward the Confessor.

For this project, use the internet or go to the library to learn more about this great man. Then answer the questions below.

- 1. When and where was St. Edward born?**
- 2. Who were Edward's parents?**
- 3. Where is St. Edward venerated? (which churches recognize him as a saint?)**
- 4. Why is St. Edward the Confessor a good example to us as Christians?**
- 5. Give one example of how St. Edward lived out the Corporal or Spiritual Works of Mercy.**



Project # 3 Called to Prayer – Deepening Our Faith

“Prayer is raising one’s mind and heart to God” (St. John Damascene). In preparation for the reception of Confirmation, each candidate should strive to strengthen his or her own faith by participating in a communal prayer service or bible study.

For this project, attend and reflect on one of the events listed. Then answer the questions below.

- Parish Holy Hour of Eucharistic Adoration - Every Friday from 7 p.m. - 8:30 p.m.
- Our Lady of Fatima Devotional Rosary – First Saturday of the Month after 5 p.m. Mass
- Family Rosary: October 21st or December 2nd at 6:30 p.m.
- Parish Lenten Mission: March 2nd, 3rd, 4th at 7:30 p.m. (You may attend only one night.)
- Family Stations of the Cross: March 16th at 6:30 p.m.

- 1. What did you attend?**
- 2. When was this event?**
- 3. Describe what happened.**
- 4. How did you feel during this experience?**



Project # 4 Called to Conversion – The Sacrament of Reconciliation

The Sacrament of Reconciliation (Confession/Penance) is one of the few sacraments that we can receive more than once in our lifetime. It is a wonderful experience of God's mercy and love. Many young people who receive this sacrament say that it lifts the burdens in their hearts.

It is important for all Catholics to participate in this sacrament regularly. Jesus told his apostles, "Whose sins you shall forgive they are forgiven . . ." This established the apostles, and today, priests, as the representatives within the Christian family invested with the power of forgiving sins in Jesus' name.

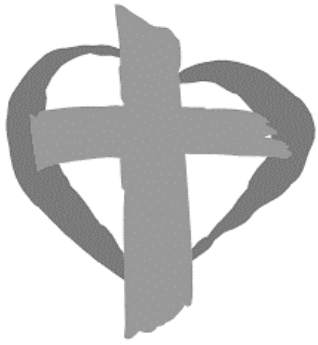
Each candidate is expected to go to Confession during this grade 7 year of preparation for Confirmation.

Students in level 7 will receive reconciliation in class on Sunday, March 29th or Monday, March 30th.

Our parish celebrates Reconciliation (Confession) every Saturday afternoon from 12:30 p.m. to 1:30 p.m. in the church, upon request (call the Rectory Office to make an appointment with a priest), and other occasions during the year (during Advent and Lent). Check the bulletin for details.

For this project, after receiving the Sacrament of Reconciliation, answer the following questions:

- 1. Based on your recent experience of this Sacrament, how would you explain Reconciliation to a non-Catholic friend?**
- 2. How did you prepare for Confession?**
- 3. What happens during the Sacrament?**
- 4. How does the priest participate?**
- 5. How did you feel after receiving the Sacrament?**
- 6. Why it is important to go to Confession?**



Project # 5 Called to Serve – Parish and Community

“...Whatever you did for one of these least ...you did it to me” (Matthew 25:40b, c).

At Baptism we received the grace that enables us to love and serve others. As followers of Jesus, we are called to make a life-long commitment to care for others, especially the poor, those who are suffering, and those who are persecuted. When we reach out to others in need, we are doing what Jesus did and what he told us to do.

By discerning your gifts and talents, you will be able to pick projects that are meaningful to you, help you to grow in faith, and serve others.

The following are suggestions for service: Volunteer as a Counselor's Helper or assist with activities for Vacation Bible School (June); Become an Altar Server; Join the Youth Choir, Instrumentalist or Chorus, at the 9:30 a.m. Family Mass or the Vision Youth Ministry Choir at the 7 p.m. Mass; Volunteer as a Catechist's Aide in the Grade 1-6 Religious Education program on Tuesdays, Wednesdays or Thursdays from 4:15 p.m. to 5:30 p.m., Sunday mornings from 10:30 a.m. to 11:45 a.m.; Help the local Community by participating in service projects sponsored by the Scouts or School.

For this project each candidate is asked to participate in service projects consisting of a minimum of 15 hours each, in both grades 7 and 8, for a total of 30 hours.

The Service Project can be a combination of activities for our parish community or local community and must be done during your Sacrament preparation year.

For this project, please log your service, by listing the service performed, number of hours served and the supervisor or parent signature and return with the information below.

- 1. Describe one of the service activities you participated in.**
- 2. How did you help others?**
- 3. Do you think your service was sacrificial in nature? Why?**
- 4. Do you consider it a privilege to serve others? Why?**
- 5. How do you think your attitude toward service will teach others to serve?**
- 6. Did your service make you a better person?**



Project # 6 Called to Worship – We Celebrate

The Eucharist is "the source and summit of the Christian life. (CCC No. 1324)

The Sunday Liturgy (Mass) is the gathering of the faithful to pray and give praise to God. During the liturgy, we hear the Word of God proclaimed. The Celebrant (priest or deacon) shares his thoughts on the Word so that we may take the Word with us as we leave Mass. One way for us to truly live out the Word of God is to spend time reflecting on what those words mean to us.

Each Candidate, with the help of their parent(s), must write a Reflection on the Gospel and Homily for four (4) Sunday Masses during the year: a Mass during Advent, a Christmas Mass, a Mass during Lent and an Easter Mass.

Suggestions on how to reflect on the Mass:

Review the Scripture before and after Sunday Mass by visiting the web site at www.usccb.org and then clicking on the calendar; Bring a small pad with you to Church and write down some thoughts or words you hear in the Gospel and Homily; Discuss the Scripture readings and the homily with your family on the way home.

When you get home write down the Scripture reference so you can refer to it when you are writing your reflection. Work on the Reflection while it is fresh in your mind.

For this project, each Reflection should include the time and date of the Mass you attended, the Presider (Priest), Scripture Reference (such as, Luke 5:1-5 - this is always listed in the bulletin) and answer these questions:

- 1. What do you think the message of the readings were?
(The homily will help you with this.)**
- 2. What do you feel God is saying to YOU at this moment in your life's journey?**